

Community Service Project

Sorors of the Mid-Atlantic Region:

As you are preparing to join us in Asheville, North Carolina for an Exciting, Stimulating, and Prolific conference, we wanted to make you aware of an opportunity that will truly leave its mark on the city.

As part of the 2009 Mid-Atlantic Regional Conference we will host an item drive to benefit **Hands On Asheville-Buncombe**. Hands On Asheville Buncombe is a program of the United Way of Asheville and Buncombe County that provides opportunities for individuals, families and groups to support nonprofits throughout Asheville and Buncombe County. Their mission is to bring people together to strengthen the community through meaningful volunteer action. For more information on this group, please visit their Web site (www.handsonasheville.org).

During the conference sorors will have the opportunity to donate items for the MANNA Food Bank. This non-profit agency collects, stores, warehouses and distributes food throughout the 16 counties in Western North Carolina. We will be collecting all types of non-perishable food items for MANNA, however the following items are the most needed:

- Canned Meats
- Peanut Butter
- Canned Tuna
- Meals in a Can/Beef Stew
- Chili

We will also be collecting items to make gift bags for families that have children in the hospital. Items needed for goodie bags include (but are not limited to):

- Travel sized toothbrush and toothpaste
- Travel sized shampoo and conditioner
- Brush or Comb
- Sample Sized Lotion
- Chapstick
- Pens/Pencils
- Spiral Memo Notebooks
- Gum/Mints
- Granola Bars
- Playing Cards
- Game Books (i.e. cross word puzzles, Sudoku, word search)

We ask that all donations be dropped in the AKA office on Thursday, April 23rd. Chapters that donate the most items will be recognized during the conference. Thank you for your assistance and service. With your help, we hope to make this the most Exceptional Service Project that Asheville has even seen.