

ATTENTION: All Mid-Atlantic Undergraduates

We are so excited about seeing you in a few short weeks in Asheville, North Carolina! We have been working hard to make this the most Entertaining, Stupefying, and Profligate Mid-Atlantic Regional Conference yet. However sorors, we need your help to do it!

We invite all undergraduate chapters in the Mid-Atlantic region to participate in the Undergraduate Step Show and Stroll Off contest on Friday night. We want to know which chapter is the Mid-Atlantic Region's "Next Best Step Team" and which chapter has the best strolls in North Carolina and Virginia.

To participate we ask that you complete the step show contract and registration form found on **pages 42 and 43** of the 56th Mid-Atlantic Regional Conference Registration Book. The entry fee **for step teams is \$30**. You may have a total of 15 sorors participate on your step team. All sorors participating must be undergraduate members of the chapter registering. Chapters may register for both the step team competition and the stroll-off contest.

The guidelines for the step show competition can be found on **page 41** of the 56th Mid-Atlantic Regional Conference Registration Book. All the same guidelines apply for the stroll-off contest with the following additions:

- There is to be a maximum of 10 participants in the group.
- The entry fee is **\$15 per stroll team** paid by chapter check or money order to the 56th Mid-Atlantic Regional Conference.
- Each team is to perform three (3) strolls to three (3) different songs, not to exceed a total of 2 minutes per stroll.
- Each team will be required to do one (1) fraternity stroll, one (1) "slow" stroll, and a choice stroll.
- The judging criteria for stroll teams are as follows:

Creativity:	20 points	Complexity:	20 points
Synchronization:	20 points	Overall Performance:	20 points
Crowd Appeal:	20 points		

Sorors, please note that all team registration materials need to be postmarked by **March 9**. If you have any questions, please contact Soror Czarina Moore, 56th Mid-Atlantic Regional Conference Step Show Co-Chair at cmore@jcsu.edu. We are so excited about this competition and we know that you will have a wonderful time. We look forward to seeing you April 23rd - 26th.

With sisterly love,

Soror Czarina Moore
56th MAR Conference Step Show Co-Chair

Soror LaToya Petty
56th MAR Conference Step Show Co-Chair